



BULLETIN #6.10

October 30, 2022

www.nsd.org/northcreek

(Note - this is the best info we have at the time of publication, but dates do change on occasion)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31 *Periods 0-7 	Nov 1 *Periods 0-7 *Deadline for AP Exam Payments	2 *Blocks (2,4,6, Advisory)	3 *Blocks (1,3,5,7, Advisory) *Financial Aid Night / Family University (6 PM) *Fall Choral Concert 6:30 PM	4 *WEAR PURPLE! *Periods 0-7	5
6	7 *Periods 0-7	8 *Periods 0-7	9 *Blocks (2,4,6, Advisory)	10 *Blocks (2,4,6, Advisory) *Veteran's Day Assembly	11 *NO SCHOOL *VETERANS DAY HOLIDAY *Deadline for Senior Photos!!!	12
13	14 *Periods 0-7	15 *Periods 0-7	16 *Blocks (2,4,6, Advisory)	17 *Blocks (2,4,6, Advisory) *National Apprenticeship Presentation	18 *Periods 0-7	19
20	21	22	23 *NO EARLY RELEASE! *Periods 1-7	24 *Thanksgiving	25	26

NEWS and INFORMATION

1. Halloween Costume Rules

Students wishing to wear costumes to school, football games, or other school-related events must keep these guidelines in mind:

- Regular school dress code applies (underclothing/lingerie is not appropriate as a costume - please refer to district and school dress code policy).
- Costumes should not, in any way, disrupt the learning environment (ability to carry school supplies, being seated in class, blocking view of others, etc.).
- Costumes may not demean any race, ethnic group, disabling condition, religion, nationality, gender, gender identity or sexual orientation.
- Costumes cannot reflect graphic violence or gang affiliation.
- No full-face or pullover masks.
- No props or look-a-like weapons of any kind (i.e. anything you can hold in your hands is a prop, for example, swords, baseball bats, etc. Please refer to the district's weapons policy).
- No silly string or slime.
- Shoes must be worn.
- Pacifiers, baby bottles, false teeth, anything placed in the mouth, and glow sticks are not allowed. These items are considered paraphernalia associated with drug use.
- NO CLOWN COSTUMES – We are asking for your cooperation in not allowing students to dress up as clowns at any school event due to the disruption and fear it may cause. If anyone shows up with a clown-related costume, they will be asked to change or be sent home.

Keep in mind that all school guidelines still apply. Students will be expected to comply with staff member requests to make the appropriate changes in dress/costume. The success of this day, as always, will impact consideration of future dress up days.

If you have any questions as to whether the costume is appropriate or not, please ask an administrator before the costume is worn to school or a school event.

Thank you for your cooperation and assistance in helping to make wear costumes fun but not disruptive or inappropriate.

2. Financial Aid Night / Family University - Mark Your Calendars

Financial Aid Night/ Senior Family University

Thursday November 3rd

6:00 PM - 8:15 PM

- ★ 6:00 PM - 6:15 PM - Senior Scholarships - BZ Davis, Scholarship Foundation of Northshore
- ★ 6:15 PM - 7:00 PM - Financial Aid Presentation - Gina Anderson, Ameriprise Financial Services
- ★ 7:00 PM - 7:10 PM - Quick stretch break
- ★ 7:10 PM - 7:40 PM - Scholarship Presentation - Nancy Vela
- ★ 7:45 PM - 8:15 PM - Senior Family University Presentation - Heatherjoy Boi

3. National Apprenticeship Week

The 6th annual National Apprenticeship Week Celebration is November 17th at the Sno-Isle Tech Skills Center from 4-7 pm. Apprenticeships are a combination of structured, paid on-the-job training plus college-level classroom instruction. Come out and meet 20+ apprenticeship organizations. Enjoy free food and hands-on activities for all ages. Apprenticeships provide family livable wages jobs starting at \$19 - \$30 hourly, plus benefits and pensions.

<https://www.eventbrite.com/e/apprenticeship-career-job-fair-tickets-418130177617>

4. What's happening in C3 (Counseling, College, and Career)

The Counseling department has been busy in the month of October. Counselors delivered High School & Beyond presentations to our freshmen students on October 3rd and 4th. These presentations consisted of information about North Creek, the counseling department's role in their high school experience, the high school credit system, graduation requirements, activities at the school, and more. Following the presentation students were given the opportunity to complete High School & Beyond assignments on Naviance. After these were completed, the counselors conducted one-on-one meetings with the entire freshman class. For students who were missed during this process counselors will be doing follow up meetings in the coming weeks.

On October 12th, PSAT day at the school, counselors participated in freshmen workshop rotation, as well as a senior activity. All freshmen went through a four workshop rotation, where they participated in all of the workshops. Some counselors led a workshop with freshmen on planning, and inputting into Naviance, a four year course planner where students design what their high school experience could look like. Some counselors led a workshop on suicide prevention, where students were taught the LEARN model (look for signs, empathize and listen, ask questions, reduce the dangers, and next steps) to help save lives. Finally, some counselors worked with our senior class on completion of their High School & Beyond plans in naviance.

Similar to the Freshmen presentations, the counselors also conducted Juniors High School & Beyond presentations on October 17th and 18th. The focus of these presentations were graduation requirements, post high school career/education opportunities, and the 4 year college experience. Following the presentation students were given the opportunity to complete High School & Beyond assignments on Naviance. Just like with our freshmen, the juniors all got one-on-one meetings with their counselors.

We are excited about the work that we get to do with your students and hope they are learning from the presentations.

5. Music Boosters News

The Instrumental Music Boosters is pleased to announce that they will be having their annual Goodwill Fill A Truck fundraiser on Saturday November 19th from 9 am until noon (see attached flyer for what we can and cannot accept). We are also happy to team once again with North Creek/Skyview PTSA Food Bank! We be accepting food donations during the drive to help those in need as the holiday season approaches. Critical items needed include graanola bars, cereal/oatmeal, canned chili/ravioli/meals, jelly, canned vegetables/fruit. Thank you for your support!

6. Bring Your Charged Chromebook to School - PLEASE!

Please make sure that all students are bringing their charged chromebooks to school!

The library is experiencing a lot of daily chromebook and daily charger checkouts, and our School Technology Specialist is being asked to check out chromebooks for AP online testing purposes on an ongoing basis without warning. Almost all of these students already have a chromebook checked out to them but just didn't bring it.



We often do not have the "ready to use" inventory to support these temporary checkout requests, so it really puts a strain on our system when students just expect that they can leave their chromebook at home and that we will always have one available for them.

Thanks for emphasizing to your teen that YOU expect them to bring their fully charged Chromebook to school every day!

7. FREE parent/caregiver education from Forefront on Teens Social Media and Mental health



EMPOWERING TODAY'S PARENTS AND CAREGIVERS

Dr. Jim Mazza and Dr. Lizz Dexter Mazza

Parenting Today's Teen: Navigating Social Media & Mental Health

November 3rd, 7-8pm

Most teens have access to a smart phone and social media accounts. Learn more in this series on social media, its impact on teen mental health, and what we can do as parents and caregivers to minimize potential harms and utilize the benefits.

About Lizz and Jim

Join this dynamic duo of psychologists for an up-close virtual presentation and Q&A as they discuss their top strategies to empower your parenting. UW Professor and School Psychologist Dr. Jim Mazza and Clinical Psychologist Dr. Lizz Dexter-Mazza are a powerhouse in the world of parenting and social emotional learning. Their work focuses on empowering young people, schools, and families to build skills proactively, before there is a crisis. Learn more about their work here:

dbtinschools.com

Register Today!

<https://bit.ly/3qxTCmq>

OR
SCAN
HERE



Registration questions?
Contact ffront@uw.edu

Visit us at forefrontintheschools.org

W FOREFRONT
SUICIDE PREVENTION

8. NCHS / Skyview Food Pantry

A poster with a dark green background decorated with autumn-themed illustrations including leaves, acorns, pumpkins, and berries. The text is centered and reads: "Skyview & North Creek Food Pantry Thanksgiving Meals". Below the title is a QR code on the left and the text "Request by 11/14" in red on the right. Further down, there are two paragraphs of text in orange and red, one in English and one in Spanish, both explaining how to request a meal using the QR code. At the bottom, there is a circular logo for the North Creek - Skyview Food Pantry and a pumpkin illustration on the left.

**Skyview & North Creek
Food Pantry
Thanksgiving Meals**



**Request by
11/14**

If your family could use a Thanksgiving Meal this year, please use this QR code to request one.

Si su familia podría usar una Cena de Acción de Gracias este año, use este código QR para solicitar una. Solicitar una antes del 14 de Noviembre.



Signup at the links below or use the QR code above:

[English Request Form](#)

[Formulario de solicitud de alimentos de NC/Skyview](#)

9. AP Exam Information

Many students still have not registered for their AP classes and exams on College Board!

The College Board site is where students utilize all classroom materials for classwork, homework, and sample tests. It is critical that students register on this site because this is where all exams are ordered, as well!

The AP Exam process is done in 2 easy steps:

1. Register on College Board. Students should have done this in class, but if not, please contact me for Join Code information and I can help!
2. The next step is to *pay* for the exam(s). This year we are piloting a new program for payment that is hopefully easier and more convenient for you and your student. You may pay for exams on [TouchBase](#), which is the site where you have paid for all school fees like yearbook, class fees, unpaid fines, PE uniforms, etc. The fees for exams are **\$108 each**, with the exception of Research and Seminar which are **\$145 each**. If you need a login for TouchBase, please contact Kwaligorski@nsd.org, or kwallace@nsd.org.

That's it, you are done! When you have completed both steps, I will order your student's exam(s).

Please note: Exams will NOT be ordered unless registered on College Board **and paid in full on TouchBase, or in person.**

Deadline to pay is Nov. 1st, 2022

Students must be registered and paid in full by Nov. 1st to avoid any late fees of \$40 per exam (I am happy to discuss scholarship and financial aid requests, as well.).

Advanced Placement Exams



If you need financial assistance, or would like to apply for Free/Reduced school fees, please pick up a form in my office, fill it out and turn it in at the Cashier's window by the main office (various language options available on request).

If you would like to pay in person at school, you may pay by cc or check at the Cashier's window, as well.

All AP information is posted on our NCHS website, in the Bulletins, on the Apex Boards in every building on campus and in my office, as well as addressed to all students during morning announcements.

Any questions? Email me at pward@nsd.org

RECURRING ITEMS

1. Sports Schedules

To access all the sports schedules so that we can go out and support all our Jaguar student-athletes, click [HERE](#) and bookmark the site!

Playoffs are coming!!!

2. COVID Update

The Department of Health (DOH) requires schools to inform families and students of COVID-19 cases and potential outbreaks. Last week, there were a total of **2 confirmed cases** in students who attend North Creek. The accuracy of our data depends on self-reporting. Thank you for continuing to let the school know if your child tests positive for COVID-19. To view additional information, including school and district trends visit the [District's COVID-19 data dashboard](#). The dashboard is updated weekly on Monday evenings.

If your child is exhibiting [symptoms of COVID-19](#) please keep them home and test for COVID-19. Families can order [free COVID-19 tests from the state](#). Together, we can keep our schools healthy and safe.

3. October Student-Created Crossword!

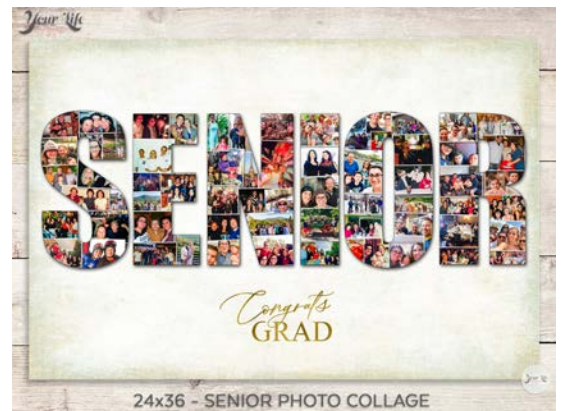
Have fun!

<https://crosswordlabs.com/view/nchs-october-crossword-2022>

SENIOR CLASS OF 2023 NEWS!!!

1. Senior Photos!

Senior photo submissions and senior ad purchases for the yearbook are due no later than **November 11th**. Additional information regarding photo submissions and ad prices can be found on [the yearbook page of the NCHS website](#).



2. College Applications

The beginning of November is a crucial deadline for early applications to colleges. We encourage you all to check in on those applications with your students, and to confirm with them that they are entering their requests into Naviance appropriately.