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Let Me Run at Canyon Creek Elementary!

The 7-week Let Me Run program starts Monday April 17th, 2023

Let Me Run is building a new generation of men by teaching boys to be their best selves through a character development program powered by running.

Let Me Run Boys:

- Run with a team of other elementary or middle school students : Team offered for 4th-5th graders
- Train for 7 weeks after school, 2 days per week: Monday and Wednesday 7:45 - 9:00 AM
- Fee: \$150 Scholarships available during registration Opening March 1st
- Grow in personal strength, endurance, and goal setting
- Become more aware of your own personal gifts and those of others
- Celebrate the courage to be yourself
- Learn to be a better friend, identify true friends, and embrace positive relationships
- Compete in the end-of-season 5k: June 3rd 2023
- Check out seattle.letmerun.org to see other teams in our region

Register online at seattle.letmerun.org-

Parents, give today's boys the tools to be tomorrow's men with the skill-building, confidence-inspiring Let Me Run program. The 7-week program for boys grades 3rd - 8th provides a one-of-a-kind opportunity to reach and teach boys to become the best versions of themselves. Through games, activities, and curriculum-based learning, boys build the coping skills to navigate the challenges of growing up today, open themselves to making — and being — the best of friends, and earn the confidence that comes with completing their first or fastest 5k.

• Contact Jen: jens@letmerun.org for more information if needed

