



BULLETIN #6.03 September 11, 2022 www.nsd.org/northcreek

(Note - this is the best info we have at the time of publication, but dates do change on occasion)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11	12 *Periods 0-7 *Breaking Down the Walls	13 *Periods 0-7 *Breaking Down the Walls	14 *Blocks (2,4,6, Advisory) *Breaking Down the Walls *Food Pantry Delivery	15 *Blocks (1,3,5,7, Advisory) *Breaking Down the Walls	16 *WEAR PURPLE! *Periods 0-7 Breaking Down the Walls	17
18	19 *Periods 0-7 *Club Fair (lunch)	20 *Periods 0-7 *Club Fair (lunch)	21 *Blocks (2,4,6, Advisory) *Club Fair (lunch)	22 *Blocks (1,3,5,7, Advisory) *Club Fair (lunch) *Curriculum Night @ 6 PM	23 *WEAR PURPLE! *Periods 0-7 *Club Fair (lunch)	24
25	26 *Periods 0-7	27 *Periods 0-7	28 *Blocks (2,4,6, Advisory) *Food Pantry Delivery	29 *Blocks (1,3,5,7, Advisory)	30 *WEAR PURPLE! *Periods 0-7	Oct 1
2	3 *Periods 0-7	4 *Periods 0-7	5 *Blocks (2,4,6, Advisory)	6 *Blocks (1,3,5,7, Advisory)	7 *WEAR PURPLE! *Periods 0-7 *Homecoming Assembly	8 *Homecoming Game at Pop Keeney

NEWS and INFORMATION

1. September is Suicide Prevention Month

Suicide Prevention Month is a time when we must come together as a Northshore Community to support family and friends by making sure that they have the appropriate resources to prevent suicide and seek assistance. Although we have just started the 2022-23 school year, families within the Northshore School District have already been impacted by losing a loved one due to suicide. This continues to be a taboo topic that we must continue to raise awareness, but we must also be prepared to either engage in these difficult conversations or provide support for individuals.

September 10th, 2022 is World Suicide Prevention Day. The goal is to help raise mental health awareness so that people living with mental illness can live better lives with dignity. The theme for <u>World Suicide Prevention Day 2022</u> is "creating hope through action." I also wanted to share a video with you from one of our student mental health advocates from Inglemoor High School (Laney Brackett) who recently completed a documentary with real stories, ways of coping, and resources for those in the community about suicide: <u>Youth Suicide Documentary Official</u> (TeenSelfHealth.com).

As a reminder, on July 16th, "<mark>988</mark>" was designated as the new three-digit dialing code that will route callers to the National Suicide Prevention Lifeline (now known as the 988 Suicide & Crisis Lifeline) and is now active across the United States.

Additional resources:

- ➤ <u>24 Hour Crisis Line</u>
- <u>National Teen Dating Abuse Helpline</u>
- ► <u>RAINN National Sexual Assault Hotline</u>
- SAMHSA Treatment Referral Hotline (Substance Abuse)
- Veterans Crisis Line

2. Computers at School

Families - please remind your student to bring their school-issued computer to school daily! We have been running out of computers to lend students because so many are forgetting theirs at home! Thanks in advance for your assistance!



3. Cheer Fundraiser

The cheerleaders are having a Mod fundraiser this Monday, the 12, in Mill Creek.



RECURRING ITEMS

1. Sports Schedules

To access all the sports schedules so that we can go out and support all our Jaguar student-athletes, click <u>HERE</u> and bookmark the site!

2. COVID Update

The Department of Health (DOH) requires schools to inform families and students of COVID-19 cases and potential outbreaks. Last week, there were a total of 17 confirmed cases in students who attend North Creek (none of whom were at school as they stayed home to keep everyone safe). The accuracy of our data depends on self-reporting. Thank you for continuing to let the school know if your child tests positive for COVID-19. To view additional information, including school and district trends visit the <u>District's COVID-19 data dashboard</u>. The dashboard is updated weekly on Monday evenings.

If your child is exhibiting <u>symptoms of COVID-19</u> please keep them home and test for COVID-19. Families can order <u>free COVID-19 tests from the state</u>. Together, we can keep our schools healthy and safe.

3. The NCHS - Skyview Food Pantry



North Creek PTSA and Skyview PTSA partner to create a **Food Pantry** to support Skyview and North Creek families with food security challenges.

Want to help?

EASY ways to help can be found here: https://northcreekptsa.com/Page/Food%20Pantry/Help%20Stock%20the%20Pantry

Please NO expired food and we only accept nonperishables.

Thank you in advance for supporting our community!

Request Food:

1. Bags of food will be delivered on alternating Wednesdays each month. Complete the form(s) linked below to get your request in.

(You must sign up by Monday morning for the delivery that Wednesday)

2. September 14th & 28th, October 12th & 26th <u>English Request Form</u> Formulario de solicitud de alimentos de NC/Skyview

Any information gathered through ANY of Food Pantry forms will **remain confidential** and only our designated North Creek PTSA & Skyview PTSA Food Pantry Committee and select school staff will have access and will not disclose the information to any third party.

If you have questions, please contact us at nchs.sms.foodpantry@gmail.com.

SENIOR CLASS OF 2023 NEWS!!!

1. Senior Photos!

Senior photo submissions and senior ad purchases for the yearbook are due no later than **November 11th**. Additional information regarding photo submissions and ad prices can be found on <u>the yearbook page of the NCHS website</u>.

2. Class of 2023 Fundraiser!

Seniors, make sure to get your class of 2023 merch to help support our funds for prom. Last day to order is **September 30th**! Order forms can be found on TouchBase and items will be handed out late October.

